



37th FIG TRAMPOLINE GYMNASTICS WORLD CHAMPIONSHIPS



TRAINING SCHEDULE

Monday 06 November 2023

TRA Trampoline				
Time		Warm-up Hall	Competition Hall	Training Hall
09:00	19:00	Closed	Closed	Open Training

TUM Tumbling				
Time		Warm-up Hall	Competition Hall	Training Hall
09:00	19:00	Closed	Closed	Open Training

DMT Double Mini-Trampoline				
Time		Warm-up Hall	Competition Hall	Training Hall
09:00	19:00	Closed	Closed	Open Training

Tuesday 07 November 2023

TRA Trampoline				
Time		Warm-up Hall*	Competition Hall	Training Hall*
09:15	10:00	Group 1		
10:00	10:45	Group 2	Group 1	Group 7
10:45	11:30	Group 3	Group 2	Group 8
11:30	12:15	Group 4	Group 3	Group 9
12:15	13:00	Group 5	Group 4	Group 10
13:00	13:45	Group 6	Group 5	Group 11
13:45	14:30	Group 7	Group 6	Group 12
14:30	15:15	Group 8	Group 7	Group 13
15:15	16:00	Group 9	Group 8	Group 1
16:00	16:45	Group 10	Group 9	Group 2
16:45	17:30	Group 11	Group 10	Group 3
17:30	18:15	Group 12	Group 11	Group 4
18:15	19:00	Group 13	Group 12	Group 5
19:00	19:45		Group 13	Group 6

TUM Tumbling				
Time		Warm-up Hall*	Competition Hall	Training Hall*
09:15	10:00	Group 1		
10:00	10:45	Group 2	Group 1	Group 7
10:45	11:30	Group 3	Group 2	Group 8
11:30	12:15	Group 4	Group 3	Group 9
12:15	13:00	Group 5	Group 4	Group 10
13:00	13:45	Group 6	Group 5	Group 11
13:45	14:30	Group 7	Group 6	Group 12
14:30	15:15	Group 8	Group 7	Group 13
15:15	16:00	Group 9	Group 8	Group 1
16:00	16:45	Group 10	Group 9	Group 2
16:45	17:30	Group 11	Group 10	Group 3
17:30	18:15	Group 12	Group 11	Group 4
18:15	19:00	Group 13	Group 12	Group 5
19:00	19:45		Group 13	Group 6

DMT Double Mini-Trampoline				
Time		Warm-up Hall*	Competition Hall	Training Hall*
10:00	10:45	Group 1		
10:45	11:30	Group 2	Group 1	Group 7
11:30	12:15	Group 3	Group 2	Group 8
12:15	13:00	Group 4	Group 3	Group 9
13:00	13:45	Group 5	Group 4	Group 10
13:45	14:30	Group 6	Group 5	Group 11
14:30	15:15	Group 7	Group 6	Group 1
15:15	16:00	Group 8	Group 7	Group 2
16:00	16:45	Group 9	Group 8	Group 3
16:45	17:30	Group 10	Group 9	Group 4
17:30	18:15	Group 11	Group 10	Group 5
18:15	19:00		Group 11	Group 6

*Access to the Warm-up Hall & Training Hall is permitted 45 minutes in advance of the time indicated, for a general warm-up period prior to the allocated session using the apparatus

TRAINING SCHEDULE

Wednesday 08 November 2023

TRA Trampoline				
Time		Warm-up Hall*	Competition Hall	Training Hall*
09:15	10:00	Group 7		
10:00	10:45	Group 8	Group 7	Group 1
10:45	11:30	Group 9	Group 8	Group 2
11:30	12:15	Group 10	Group 9	Group 3
12:15	13:00	Group 11	Group 10	Group 4
13:00	13:45	Group 12	Group 11	Group 5
13:45	14:30	Group 13	Group 12	Group 6
14:30	15:15	Group 1	Group 13	Group 7
15:15	16:00	Group 2	Group 1	Group 8
16:00	16:45	Group 3	Group 2	Group 9
16:45	17:30	Group 4	Group 3	Group 10
17:30	18:15	Group 5	Group 4	Group 11
18:15	19:00	Group 6	Group 5	Group 12
19:00	19:45		Group 6	Group 13

TUM Tumbling				
Time		Warm-up Hall*	Competition Hall	Training Hall*
09:15	10:00	Group 7		
10:00	10:45	Group 8	Group 7	Group 1
10:45	11:30	Group 9	Group 8	Group 2
11:30	12:15	Group 10	Group 9	Group 3
12:15	13:00	Group 11	Group 10	Group 4
13:00	13:45	Group 12	Group 11	Group 5
13:45	14:30	Group 13	Group 12	Group 6
14:30	15:15	Group 1	Group 13	Group 7
15:15	16:00	Group 2	Group 1	Group 8
16:00	16:45	Group 3	Group 2	Group 9
16:45	17:30	Group 4	Group 3	Group 10
17:30	18:15	Group 5	Group 4	Group 11
18:15	19:00	Group 6	Group 5	Group 12
19:00	19:45		Group 6	Group 13

DMT Double Mini-Trampoline				
Time		Warm-up Hall*	Competition Hall	Training Hall*
10:00	10:45	Group 7		
10:45	11:30	Group 8	Group 7	Group 1
11:30	12:15	Group 9	Group 8	Group 2
12:15	13:00	Group 10	Group 9	Group 3
13:00	13:45	Group 11	Group 10	Group 4
13:45	14:30	Group 1	Group 11	Group 5
14:30	15:15	Group 2	Group 1	Group 6
15:15	16:00	Group 3	Group 2	Group 7
16:00	16:45	Group 4	Group 3	Group 8
16:45	17:30	Group 5	Group 4	Group 9
17:30	18:15	Group 6	Group 5	Group 10
18:15	19:00		Group 6	Group 11

*Access to the Warm-up Hall & Training Hall is permitted 45 minutes in advance of the time indicated, for a general warm-up period prior to the allocated session using the apparatus

Thursday 09 November 2023 - Sunday 12 November 2023

TRA Trampoline			
Time	Warm-up Hall	Competition Hall	Training Hall
Refer to Competition Schedule	Refer to Competition Schedule	Refer to Competition Schedule	Open Training Refer to Competition Schedule

TUM Tumbling			
Time	Warm-up Hall	Competition Hall	Training Hall
Refer to Competition Schedule	Refer to Competition Schedule	Refer to Competition Schedule	Open Training Refer to Competition Schedule

DMT Double Mini-Trampoline			
Time	Warm-up Hall	Competition Hall	Training Hall
Refer to Competition Schedule	Refer to Competition Schedule	Refer to Competition Schedule	Open Training Refer to Competition Schedule